

(If you are just beginning your journey, please read the introduction...)

## **Introduction:**

I invite you to participate in the First Baptist Church's 90-Day New Testament Reading Challenge

**Purpose:** To train in godliness according to 1 Timothy 4:7b-8, every day for 90 days by reading God's Word and meditating upon it day and night. To take the next step in your journey of following Jesus and becoming like Him. A 90-day New Testament reading plan is available to you at the church and will be emailed out to you.

**Method:** I invite you to read three (3) chapters of the New Testament every day over 90 days, starting on Monday, January 8. That's 21 chapters a week. Before every chapter, I invite you to pray – to reflect upon what you have just read and to invite the Holy Spirit to give you insights and wisdom into what you are about to read. The Bible is God's Word, and it must be discerned with spiritual eyes; therefore, you must pray and read, read and pray, praying at all times as you read. An example prayer is this: Sovereign God, I ask that You open the eyes of my heart to accurately read and spiritually discern Your inspired Word. Holy Spirit, please lead me in greater understanding and right application of all that I read and meditate. In Jesus' Name. Amen. I will also be inviting you how to write a S.O.A.P. journal entry on your daily readings so it will also benefit you to grab a pen and some paper and keep it with your Bible through this 90-day New Testament Reading Challenge.

Accountability: While we will meet every Sunday morning for a discipleship training during our weekly worship service, and I will ask you if you are keeping up with the reaching challenge, it will be easy to hide in the pews. Therefore, I invite you to have a spiritual friend that you can meet with each week to sit down together, or talk with on the phone. You will pray together, review the week's discipleship training from Sunday morning, discuss your readings from the week, share your journal entries with one another as you feel led, and talk about how you are experiencing growth in your Christian life through this experience. This is a time of encouragement and sharing the journey of following Jesus, to become like Him as you learn to walk in His easy yoke. This is best done in a rhythm of personal time with Jesus and community with friends and family. You are invited!

Now proceed to the lesson...